Key Stage 3 pupils follow the National Curriculum for Physical Education covering areas such as Badminton, Tennis, Cricket, Basketball, Hockey and Circuit Training. Within these areas pupils will develop their coordination and communication skills they will also learn key values such as sportsmanship and respect for others. At the end of Key Stage 3, pupils will be prepared to start their GCSE in Physical Education or to participate in a number of AQA Unit awards which will further develop their ability in a number of different activities.

Key Stage 4 pupils follow the National Curriculum for Physical Education. Pupils will be assessed in a number of sporting activities including, badminton, basketball, tennis, trampolining and cricket. Pupils who are academically able will be offered the opportunity to study a GCSE (Short Course) in PE this will include the pupils sitting a written exam on the theoretical aspects of Physical Education which includes developing their understanding of how the body works and the benefits of taking part in physical activity at the end of the two years. Pupils who are not entered for the GCSE will have the opportunity to achieve unit awards in a number of different sporting activities.