Struggling to feed your family?



f you are struggling to eed your family your ocal foodbank can provide emergency ood and support in a prisis.

For more information and details of your learest foodbank visit iverpool.gov.uk



Struggling to make ends meet?



If you need money to buy food, sanitary products, essential items for children, essential clothing or cover fuel costs.

If you need white goods, furniture or help to set up home after suffering an emergency or crisis.

Call our Mayoral Hardship Fund and Liverpool Citizens Support Scheme on freephone

0800 456 1523

Lines open Monday to Friday 8am-8pm.

mezgether for a fairer future

Help and advic if you're struggling to make ends

> Please keep in a safe place

Don't miss out on tax credits?

Millions of pounds go unclaimed every year by people who are entitled. Don't be one of them.

Check if you qualify today at gov.uk/qualify-tax-credits

Or call

0345 300 3900

Homeless or in rent arrears?

Housing Options provides help and advice if you are homeless or threatened with homelessness.

Call us on freephone

0800 731 6844

Visit us at any of our One Stop Shops.

liverpool.gov.uk/onestopshops

or call 0151 233 3000

Domestic abuse

Don't suffer in silence

If this is happening to you or someone you know call **Women's Aid** 24 hour helpline

0000 2000 247

Do you want help with your fuel and energy bills?

Our Healthy Homes team can provide free help and advice if you're struggling to pay your fuel bills, and energy saving hints and tips to help keep you warm and your bills low.

They may also be able to help with replacement boilers and windows.

Rough sleeping

We have provision in place to keep people off the streets 24/7 and services to help them turn their lives around.

Call

0300 123 2041

