

## What do Clients say about us?

"The most valuable thing Reach Counsellors taught us was to talk to each other about how we feel... We often said 'Let's do it the Reach method' when we discovered a point of conflict!"

"Very professional ~ completely trustworthy!" "I was very much cared for by the counsellors!"

"Please carry on with what you are doing ~ you do it so well!"

"It has been a great help to me!"

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For further information, Please contact



**85a Allerton Road Tel: 0151 737 2121**  
**Liverpool**  
**L18 2DA**      e-mail: [reach@reachuk.co.uk](mailto:reach@reachuk.co.uk)

Reception is usually staffed between 9.30 am and 4.00 pm.  
Alternatively a message can be left on our answer phone.

Visit our Web Site: [www.reachuk.co.uk](http://www.reachuk.co.uk)  
Reach is affiliated to the Association of Christian Counsellors,  
A member of Evangelical Alliance

Reach Merseyside is a Registered Charity. No 70132<sup>n</sup>

The logo for Reach, featuring the word "Reach" in a blue, sans-serif font with a stylized human figure in blue above the letter 'i'.

**Reach**  
*for a better life*

# Counselling


*A confidential Christian service  
for anyone in need*

**Available In: Liverpool,  
Manchester, West Kirby,  
New Brighton, Chester,  
Southport and Sheffield.**

**Tel: 0151 737 2121**

*Reach ~ a safe place to be heard*



Reach  ~ a safe place to be heard

## What can I expect ?

Reach has offered counselling to many hundreds of people since 1986. Our aim is to provide acceptance and understanding to all who come for help. We seek to enable people to work through their own difficulties and choices as they wish, by offering counselling for all in a professional environment. You will be allocated the most appropriate counsellor based on your situation.

## Who are the counsellors ?

We have a team of trained counsellors, most of whom counsel voluntarily. All our counsellors are Christians and are sensitive and committed to respecting each person's beliefs and choices. They are answerable to the Co-ordinator and to the Board of Trustees. We are affiliated to the Association of Christian Counsellors. The service is monitored regularly through evaluation by clients and support for counsellors.

## Where would I have to go?

We are based in South Liverpool; and we also counsel in Manchester, West Kirby, New Brighton, Chester, Southport and Sheffield. Appointments for all areas can be made through the Liverpool office.



## Could you help me?

We see those who need time and space to talk through and work through their difficulties in a confidential setting. We frequently see people who are struggling with :

- ❖ Depression
- ❖ Abuse
- ❖ Marital / Relationship problems
- ❖ Bereavement
- ❖ Eating Disorders
- ❖ Anxiety and stress
- ❖ Spiritual problems
- ❖ Other issues.

A couple of our counsellors are able to see children under 17 years of age, though this can usually only be done with parental consent

## What does it cost?

We require a £5 fee to be returned with the registration form. We have no fixed fee for counselling but we welcome donations and encourage a 'fair donation principle' which is £1 per session per £1000 of annual income. (e.g. £15 per session for someone with £15,000 annual income).

*As a registered charity we are primarily funded through individual giving.*

## Making an appointment

We ask people to fill in a registration form. Please contact us and we will send you a registration pack. Alternatively you can print the registration form from our web site, fill it in and post it back with your £5 registration fee.

*For contact details please see overleaf*